

WHAT IS CLAIMED IS:

1. A head rest apparatus comprising:

a head rest frame supported to a seat back frame of a seat back via a tilting shaft so as to freely tilt, and having an upper side of the tilting shaft, to which a head rest is attached;

a pressure receiving member provided in a lower side of the tilting shaft in the head rest frame and receiving a load applied from a front surface of the seat back to a backward portion;

an urging member engaging with the seat back frame and the head rest frame and always urging the head rest frame in a backward tilting direction; and

the head rest frame forward tilting around the tilting shaft corresponding to a supporting point and the head rest forward moving when the pressure receiving member is exposed to the load,

wherein the urging member urges the head rest frame in the backward tilting direction from a rear portion.

2. A head rest apparatus according to claim 1, wherein the urging member is a cantilever.

3. A head rest apparatus according to claim 1, wherein the urging member is a leaf spring.

4. A head rest apparatus according to claim 2, wherein the cantilever is provided with a pair of right and left vertical rod portions and a horizontal rod portion connecting lower ends of the vertical rod portions to

each other so as to be formed in a substantially U shape, upper end portions of the vertical rod portions are supported to the seat back frame in a cantilever manner, and the horizontal rod portion urges the head rest frame.